

# Y AQUATICS SCHEDULE

| MON                                       | TUE   | WED                               | THURS   | FRI                               | SAT  | SUN                         |
|---|---|-----------------------------------|---|-----------------------------------|--|-----------------------------|
| Adult Swim<br>5:30-8:45 am                | Adult Swim<br>5:30-10:00 am   | Adult Swim<br>5:30-8:45 am        | Adult Swim<br>5:30-9:15 am  | Adult Swim<br>5:30-8:45 am        | CLOSED                                       | CLOSED                      |
| Aqua Aerobics<br>9:00-10:00 am            |   | Aqua Aerobics<br>9:00-10:00 am    | OCO/OI<br>9:15-10:30  | Aqua Aerobics<br>9:00-10:00 am    | Adult<br>7-8:30 am                           |                             |
| 4 AM III<br>SACC<br>10:30-11:30           | UPK AM II<br>SACC<br>10:00-11:00                                      | UPK AM I<br>SACC<br>10:00-11:00   | 3 AM II<br>SACC<br>10:30-11:30  | 4 AM II<br>SACC<br>10:30-11:30    | Adult Swim<br>Lessons<br>8:30-9:15 am        |                             |
| Open Swim<br>11:30-12:00                  | Open Swim<br>11:00-11:30  | Pool Maint.<br>11:00-11:30        |   | Adult Swim<br>11:30-12:30         |  |                             |
| Adult Swim<br>12:00-1:00 pm               | Adult Swim<br>11:30-12:00   | IPDS<br>11:30-12                  | Adult Swim<br>11:30-12  | 4/5 Preschool<br>12:30-1:30 pm    | Pool Rental<br>12:00-1:00                    |                             |
| Water Walking<br>1-2:00 pm                | Arthritic Swim<br>12:00-1:45 pm                                       | Adult Swim<br>12-12:45            | Arthritic Swim<br>12:00-1:45 pm                                       | Open<br>Swim/SACC<br>1:30-4:00 pm | Open Swim<br>1:00-4:00 pm                    | Open Swim<br>12-2:30 pm     |
| Youth<br>Ed/SACC<br>/Open<br>2:00-4:00 pm | UPK PM II<br>1:45-2:45 pm   | Water Walking<br>12:45-1:45 pm    | 3 PM<br>1:45-2:45   |                                   |  |                             |
| Physical<br>Therapy<br>4:00-5:00 pm       | Swim Lessons<br>Level I 4-4:30<br>Level II 4:30-5<br>Level III 5-5:30 | Open<br>Swim/SACC<br>2:45-5:00 pm | Swim Lessons<br>Level I 4-4:30<br>Level II 4:30-5<br>Level III 5-5:30 | Physical<br>Therapy<br>4-5:00 pm  | Pool Rentals<br>4:15-5:15 pm<br>5:45-6:45 pm | Pool Rental<br>2:30-3:30    |
|   |   | Adult Swim<br>5:00-7:00 pm        | Open<br>Swim/SACC<br>2:45-5:00 pm                                     | Physical<br>Therapy<br>4-5:00 pm  |  | Pool Rental<br>3:45-4:45 pm |
| Open Swim<br>5:00-7:00 pm                 | Open Swim<br>5:30-9:00 pm   | Adult Swim<br>5:00-7:00 pm        | Open Swim<br>5:30-9:00 pm   | Open Swim<br>5:00-7:00 pm         | CLOSED                                       | CLOSED                      |
| Aqua Aerobics<br>7-8:00 pm                |   | Aqua Aerobics<br>7:00-8:00 pm     |   | Aqua Aerobics<br>7-8:00 pm        |  |                             |
| Adult Swim<br>8-9:00 pm                   |   | Adult Swim<br>8:00-9:00 pm        |   | Open Swim<br>8:00-9:00            |  |                             |

\*\*When school is not in session, some open swim times are subject to change.

\*\* If there are no pool rentals then that time slot becomes open swim time.

Effective January 1, 2008